

WASHINGTON ICE DOGS SPECIAL HOCKEY

Welcome to the Washington Ice Dogs! We're so happy that you have joined our team. We want all of our players to have a good time while learning to play the game of hockey.

What Washington Ice Dogs athletes need to know:

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Please become familiar with your equipment and try to put on whatever pieces you can. Please take care of your equipment to the best of your ability.

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Please do your best to listen and follow the coach's instructions.

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Please bring a water bottle to keep on the bench. If you are tired you may rest on the bench.

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Safety always comes first. This is a non-checking (no hitting) league. Any intentional hitting or slamming of sticks will result in an unsportsmanlike penalty and a time out in the penalty box.

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Don't be afraid to ask questions if you do not understand an instruction.

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Have Fun!